

Group Respite Programs

Group Respite Programs provide relief to the parents/guardians as well as establish a fun filled time for those who participate. Some of the program we provide are Adult Night, The Big DEAL, Drop-In, Teen Night, Winter/Spring Camp, Summer Work and Wellness, Toddlers In Action and Respitality.

Adult Night

Adult Night provides a regular scheduled social opportunity for adults with developmental disabilities in the community while providing some respite for the parents.

The Big DEAL Program

The Big DEAL (Daily Employment And Learning) program provides a meaningful daily schedule of work in the morning and wellness activities in the afternoon for those who have transitioned out of High School.

Kid Saturday

Kid Saturday is a staffed play-day for children with developmental disabilities (school-aged children age 6-12) allowing parents an opportunity for respite. Staff ratio does not exceed 1:2 (usually 1:1).

Teen Night

Teen Night provides a regular scheduled social opportunity for teens with developmental disabilities in the community while providing some respite for the parents.

Winter/Spring Camp

Winter/Spring Camp is a structured day camp for school-aged children with special needs. This program will be hosted in collaboration with The Chapel Hill Parks and Recreation Department during Chapel Hill-Carrboro City Schools winter and spring breaks.

Summer Work and Wellness Program

Summer Work and Wellness Program is for students 15-21. This program will help your teen learn necessary job skills that will help them in their transition to the work world. At the same time we want the students to have fun so we will have many recreational activities planned to help with their wellness as well as their social skills.

Respitality

Who wouldn't enjoy a night away from home once a year? This is probably true for most parents, but especially true for parents and guardians whose children have special needs.

The Respite Program offers a precious opportunity to parents to enjoy an overnight stay at a local hotel.

For more information about the Group programs, please contact Mike Kirschner, Director of Group Programs at (919) 942-5119 ext. 121 or mkirschner@arcoforange.org.